

Urbana 50+ Community Center

UrbanaSeniorCenter@FrederickCountyMD.gov ♦ 301-600-7020

www.FrederickCountyMD.gov/seniorservices

Facebook: UrbanaSeniorCenter-Frederick, MD

Watercolor Class

Explore the art of painting in this class.
Urbana High School students led this class..
New session starts April 7.

Date/Time: Tuesdays, 3:00-4:30 p.m.

Cost: \$10 for supplies (quarterly fee)

Tech Help & Tech Tips

Each month Caitlyn will share some tech tips! Check activities calendar for this month's topic. Caitlyn will also be available for one-on-one tech assistance.

Date/Time:

Tech Tips, 4th Friday, 10:45 a.m.

Tech Help, 3rd Friday & 4th Sat., 11:00 a.m.

Artful Creations

Join us to make fun crafts and table favors.
Each month there will be a different craft!
Check the activities calendar for more details.

Date/Time: 1st Wednesday, 1:00 p.m.

3rd Saturday, 12:30 p.m.

4th Friday, 1:00 p.m.

Tasty Tuesday

Each month we celebrate good food with a talk and/or a cooking demonstration.
See our monthly calendar for topics.

Date/Time: 2nd Tuesday, 6:00 p.m.

The Inside Scoop

The third Tuesday evening of each month we offer an education program and ice cream. See our monthly calendar for topics.

Date/Time: 3rd Tuesday, 6:00 p.m.

Lunch & Learn Presentations

These presentations are free. See monthly calendar for more details. Lunch is optional.

Lunch with Nurse Steve

Each month Steve Stoyke, LPN, provides a brief overview and answers your questions about a current health topic. Free blood pressure screenings starting at 11 a.m.

Date: 2nd Thursday

Lunch Time: 11:45 a.m., \$5.00

Discussion Time: 12:15 p.m. (free)

Stitching Post

Come knit, crochet, or just talk. Members of this informal group help each other with projects, patterns, and learning new skills.

Date/Time: Mondays, 10:00 a.m.-Noon

Date/Time: Tuesdays, 1:00-3:00 p.m.

Date/Time: 1st Friday, 11:00 a.m.-1:00 p.m.

Cost: Free, donations of yarn are welcome

Chat with Joy, MAP

Maryland Access Point (MAP) provides information and assistance to area residents.
Each month Joy Rowe visits the center to present a specific program or service.

Date/Time: 2nd Wednesday, 11:30 a.m.

Books, Games, Movies & More

TED Talk: 3rd Thursday, 10:15 a.m.

Book Club: 1st Monday, 1:15 p.m.

Bridge: Mon. 11:30 a.m. & Wed. 10:00 a.m.
1st Sat. 10:00 a.m.

Rummikub: Mondays, 1:00 p.m.

Canasta: Fridays, 1:00 p.m.

Chinese Mah Jong: Tuesdays, 1:00 p.m.

Cards and Games: Thursdays, 1:00 p.m.

BioPic Fridays: 2nd Friday, Noon

Movie Matinee: 3rd Thursday, 1:00 p.m.

Supper Club: 1st Tuesday, 5:00 p.m.

Silver Platter: 3rd Wednesday, 10:30 a.m.

See monthly calendar for more programs and information
(programs are subject to change, check monthly calendar for updates)